

Ashford Senior Center
Earl W. Smith Building
25 Tremko Lane
Ashford, CT 06278
860-487-5122

Monday - Friday 9:00 a.m. - 3:00 p.m.
Website: www.ashfordtownhall.org
Email address: ew.smith.sr@snet.net

Bozrah Senior Center
111 Bishop Road
Bozrah, CT 06334
860-886-0363
Friday's 10:00 a.m. - 1:00 p.m.

Or call Town Hall 860-889-2689
E-mail: bozrahseniors@aol.com

Brooklyn*

See Quinebaug

Canterbury*

See Quinebaug

Chaplin Senior Center
132 Chaplin Street
2:00pm
Chaplin, CT 06235
860-455-1327

Website: www.chaplinct.org
Monday - Thursday 9:00am -
roxstjean@aim.com

Colchester Senior Center
4:30p.m.
95 Norwich Avenue
Colchester, CT 06415
860-537-3911

Monday - Friday - 8:00a.m.-
Email: csc@colchesterct.gov
Website: www.colchesterct.net/seniorcenter

Columbia
Beckish Senior Center
188 Route 66
Columbia, CT 06237
860-228-0759

Monday - Friday 9:00 a.m. - 4:00 p.m.
beckish@columbiact.org
www.columbiact.org

Coventry Senior Center
Patriots Park
172 Lake Street
Coventry, CT 06238

Website: www.coventryct.org
Mailing address: 1712 Main Street
Coventry, CT 06238
860-742-3525

Eastford*

See Quinebaug

East Lyme Senior Center
37 Society Road
Niantic, CT 06357
860-739-5859

Website: www.eltownhall.com
Email: e.lyme.senior@snet.net
Monday - Friday 8:30 a.m. - 4:30 p.m.

Franklin Seniors
7 Meetinghouse Hill Rd.
North Franklin, CT 06254
860-642-3936 (Town Hall)

Griswold Senior Center
22 Soule Street
Jewett City, CT 06351
860-376-2604

www.griswold-ct.org/seniorcenter.html
Monday - Friday 8:00 a.m. - 3:15 p.m.

Groton Senior Center
102 Newtown Road
Groton, CT 06340
860-441-6785

www.groton-ct.gov
Monday - Friday 8:30 a.m. - 4:30 p.m.

Hampton Seniors Club
164 Main Street
Hampton, CT 06247
860-455-9132

www.hamptonct.org

Killingly*

See Quinebaug

Lebanon Senior Center
37R West Town Street
Lebanon, CT 06249
860-642-3040

Mon. - Thurs. 9:00 a.m.-4:00 p.m.
Friday - 9:00 a.m.-12:00 p.m.
www.lebanontownhall.org
seniorcenter@lebanontownhall.org

Ledyard Senior Center
12 Van Tassell Drive
Gales Ferry, CT 06339
860-464-0471

Monday - Friday 8:30 a.m. - 2:30 p.m.
www.town.ledyard.ct.us/seniorcenter
senior.director@ledyardct.org

Lisbon Senior Center
11 Newent Road
Lisbon, CT 06351
860-376-2329

Monday - Friday 9:00 a.m. - 3:00 p.m.

Lyme
M. Monica Eggert Senior Center
220 Main St
Old Saybrook CT 06475
860-388-1611

Monday - Friday 7:30 am - 4:00 pm
Sat 9:00 am – 1:00 pm
www.ecsenior.org
email – info@ecsenior.org

Mansfield Senior Center
303 Maple Road
Mansfield, CT 06268
860-429-0262

Monday - Friday 8:30 a.m. - 4:30 p.m.
www.mansfieldct.org
SeniorCntr@mansfieldct.org

Montville Senior Center
12 Maple Avenue
Uncasville, CT 06382
860-848-0422

Monday - Friday 8:00 a.m. - 4:30 p.m.
www.montville-ct.org

New London Senior Center
120 Broad Street (Rear)
New London, CT 06320
860-447-5232

Monday - Friday 8:00 a.m. - 3:30 p.m.
www.ci.new-london.ct.us
ewitter@ci.new-london.ct.us

North Stonington Senior Center
391 Norwich-Westerly Road
North Stonington, CT 06359
860-535-8188

Mail: 40 Main Street
www.northstoningtonct.gov

Monday - Friday 9:00 am - 3:00 pm

Norwich
Rose City Senior Center
8 Mahan Drive
Norwich, CT 06360
860-889-5960

Monday - Friday 8:00 a.m. - 4:00 p.m.
www.norwichct.org
mwolak@cityofnorwich.org

Old Lyme
Lyme's Senior Center
26 Town Woods Rd
Old Lyme CT 06371
(860) 434-4127

Monday – Friday 9:00am - 4:00pm

<http://www.oldlyme-ct.gov>

Plainfield Senior Center
482 Norwich Road
Plainfield, CT 06374
860-564-1819

Monday - Friday 8:30 a.m. - 4:30 p.m.
www.plainfieldct.org

Pomfret*

See Quinebaug

Preston Senior Center
42 Long Society Road
Preston, CT 06365
860-889-0770

www.preston-ct.org

Or Town Hall 860-887-5581 ext 6

Putnam*

See Quinebaug

Quinebaug Valley Senior CTR
69 South Main Street
Brooklyn, CT 06234
860-774-1243

Serving 10 Towns *

**Salem Senior Center
at Salem Fire Department
270 Hartford Road
Salem, CT 06420
860-859-3873 ext 100**

**Meet 2nd Tuesday of each month
10:30 a.m. - 12:00 p.m.**

<http://www.salemct.gov>

**Scotland
No Senior Center
Meet at Firehouse
47 Brook Rd
Scotland, CT 06264**

**Alice Bury – Municipal Agent
860-546-9572
Mon – Weds – Fri 9:00am-10:30am**

<http://scotlandct.org>

**Sprague Senior Center
1 Main Street
Baltic, CT 06330
860-822-3000 Ext 203**

www.ctsprague.org

Sterling*

See Quinebaug

**Stonington
Robert A Granato
Senior Center
27 Chase St
Pawcatuck CT 06379
860-599-3285**

www.the-pnc.org

Thompson*

See Quinebaug

Union

No Center

Voluntown

No Center

Waterford Senior Services
Mail: 15 Rope Ferry Road
Center: 24 Rope Ferry Road
Waterford, CT 06385
860-444-5839

Monday - Friday 8:00 a.m. - 4:00 p.m.

www.waterfordcommunitycenter.org

Windham Senior Center
47 Crescent Street
Willimantic, CT 06226
860-423-4524

Willington Senior Center
60 Old Farms Road
Willington, CT 06279
860-429-8321

Woodstock*

See Quinebaug
